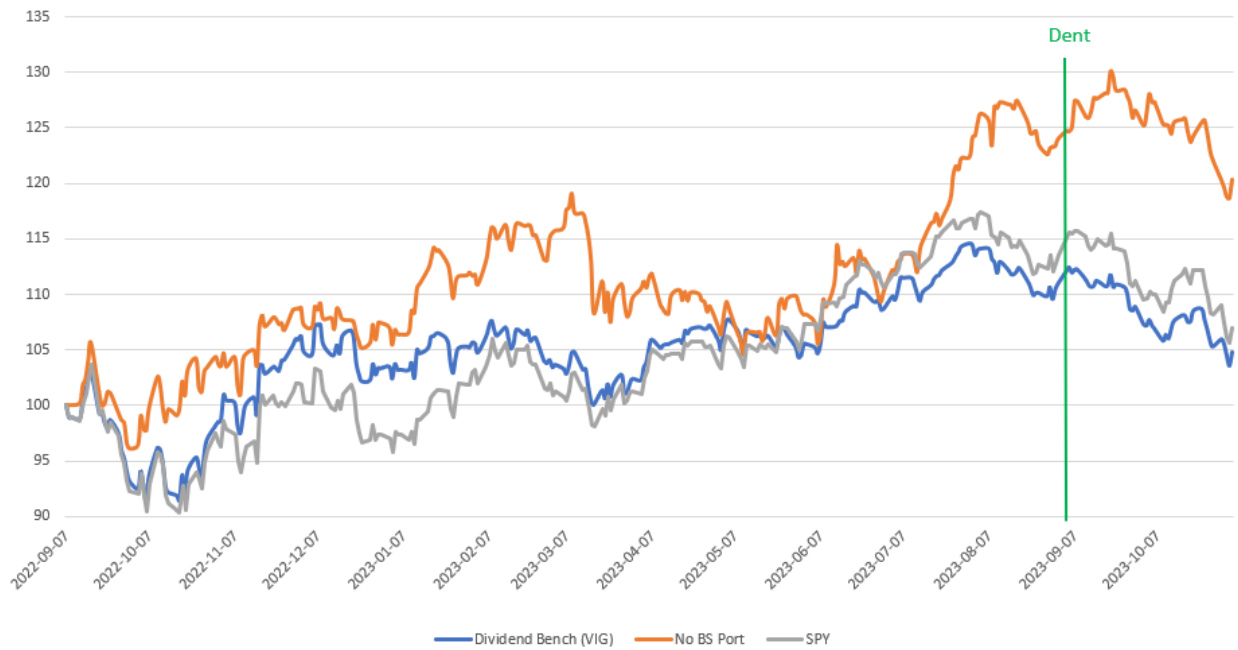


November 6, 2023

The **NO BS** Growth and Income Portfolio

By John Del Vecchio



New Trades this week: Buy Civista Bancshares (Nasdaq: CIVB) & Pinnacle Bankshares (OTC: PPBN)
Sell Ethan Allen (NYSE: ETD) & Unum Group (NYSE: UNM)

Current Portfolio November 6, 2023

Ticker	Name	Return	Days Held	Sector
AVT	Avnet, Inc.	-3.36%	53	Technology
CGEAF	Cogeco Communications, Inc.	-14.72%	81	Telecommunications
CIVB	Civista Bancshares, Inc.	0.00%	new	Finance
HVT	Haverty Furniture Cos., Inc.	12.24%	172	Consumer Cyclical
ITEX	ITEX Corp.	0.00%	4	Technology
MCEM	The Monarch Cement Co.	-6.43%	53	Non-Energy Materials
PPBN	Pinnacle Bankshares Corp. (Virginia)	0.00%	new	Finance
PSX	Phillips 66	24.30%	179	Energy
THFF	First Financial Corp. (Indiana)	6.53%	157	Finance
VLO	Valero Energy Corp.	-2.14%	18	Energy



The Bounce...Now What?

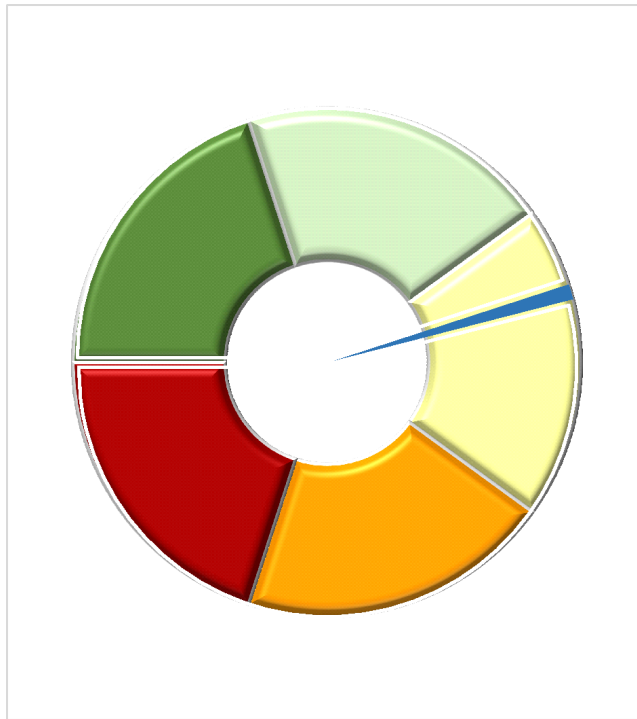
The market has bounced off that deeply oversold condition I highlighted last week.

The market is no longer oversold. It's in no man's land.

However, the *Risk-O-Meter* is back in the neutral zone.

As a result, if the market gets oversold again from here and we get into the "green zone," I will favor small-cap stocks in my taxable account.

I have my finger on the trigger...



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