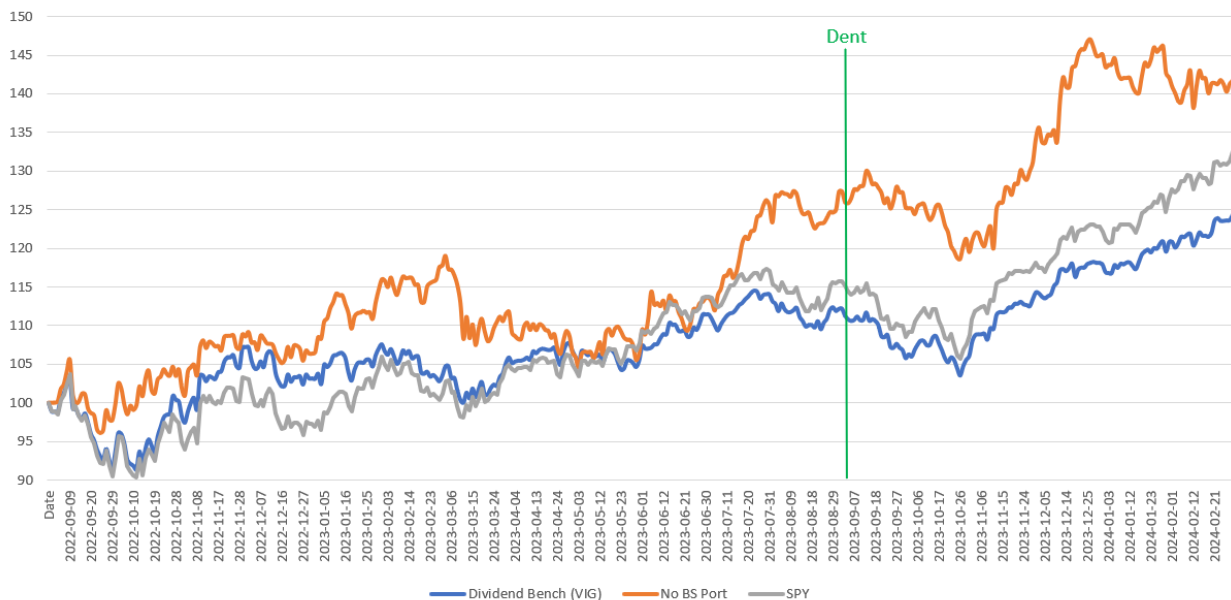


March 4, 2024

The **NO BS** Growth and Income Portfolio

By John Del Vecchio



New Trades this week: No Trade

Current Portfolio March 4, 2024

Ticker	Name	Return	Days Held	Sector
AVT	Avnet, Inc.	-1.35%	172	Technology
CIVB	Civista Bancshares, Inc.	1.21%	116	Finance
FISI	Financial Institutions, Inc.	11.55%	109	Finance
HVT	Haverty Furniture Cos., Inc.	31.28%	291	Consumer Cyclical
MCEM	The Monarch Cement Co.	24.29%	172	Non-Energy Materials
PSX	Phillips 66	53.47%	298	Energy
SCHL	Scholastic Corp.	-0.91%	39	Consumer Services
THFF	First Financial Corp. (Indiana)	10.05%	276	Finance
VLO	Valero Energy Corp.	10.90%	137	Energy
WEYS	Weyco Group, Inc.	31.65%	109	Consumer Cyclical



I Need Your Help

This week, I'd like to ask you a favor.

If you're enjoying the newsletter and getting value out of the strategies presented each week, I would be grateful if you could send me two or three short sentences as an endorsement.

Please email info@hsdent.com, and I will get the message.

Thanks!

Risk-O-Meter

I still favor small-cap stocks in my taxable account. Small-caps are performing well as the market broadens beyond just the handful of mega-cap companies that have driven the indexes to all-time highs.

That said, the market is incredibly overbought.

We need a breather.

Desperately.

I favor small-caps on any pullbacks, especially in oversold markets, as the performance spread between smaller stocks and mega-caps will narrow.

It's a question of when not if.

As a result, there's an easy (errr....easier) 50% gain to pick up as small-caps catch up.

There is one other segment of the market I have my eye on as well.

It was brought to my attention that the Global Cash Cows Dividend ETF (Ticker: GCOW) yields about 5%.

Based on my work in cash flow modeling, these strategies are compelling and have a lot of upside *after* the market experiences its next oversold period.

Here's my Cash Flow Kings Model, which has increased about 70% over the past 18 months.



I suspect after a few months of back and forth, a breakout to new highs is a good bet after the next oversold period.

According to the ETF's fact sheet, the cash flow yield is 6.8%, and the dividend-weighted yield is 5.4% as of the end of 2023.

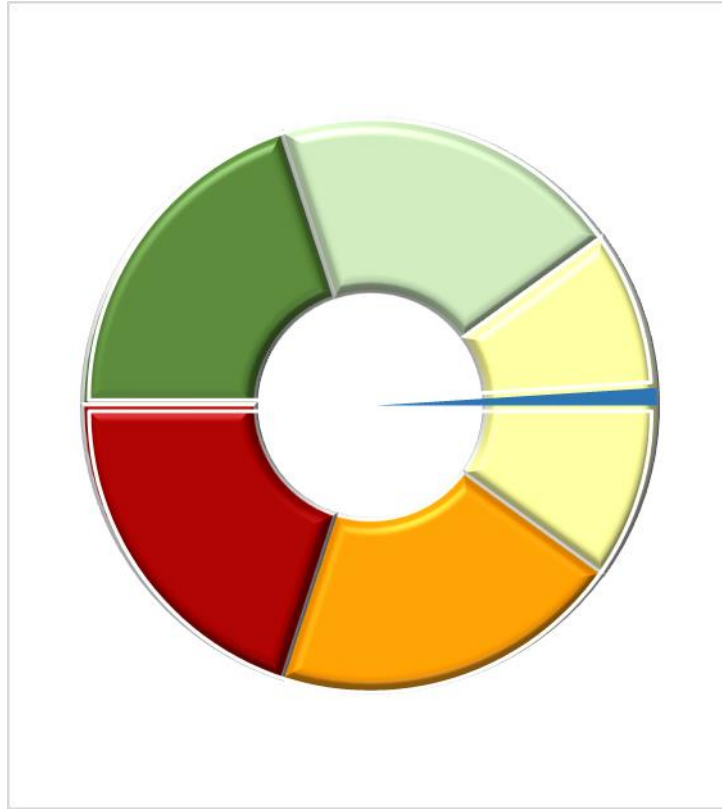
This product is the next best thing since my cash flow strategies are not ETFs.

I have circled GCOW on my list of future buys.

That said, provided no significant changes, I'm inclined to allocate \$4 of fresh capital to small-cap stocks for every \$1 in global cash flow oriented companies.

One drawback of the ETF is that the 0.60% fee is 20X higher for a simple strategy than what I will pay for exposure to the small-cap market.

Right now, though, I am just sitting and waiting.



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